

## WEEKS



Choose from...

Main

Vegetarian

Combo

Packed lunch



.and to finish!



Bread and Salad will be available at Lunch Times MONDAY

Creamy Cajun Chicken Pasta

to go with

Green Beans, Pasta

Chickpea & Lentil Dhal

to go with

Green Beans, Steamed Rice

Jacket Potato -Combo

to go with

Green Bean Salad

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo

Carrot, Apple & Lemon Drizzle Cake

Fresh Fruit Pot, Homemade Yoghurts, Cheese and Biscuits, Fruit Jelly

TUESDAY

**Beef Lasagne** 

to go with

Homemade Garlic Bread, Peas

Chana Masala

to go with

Mixed Rice, Peas

Pasta - Combo

with choice of fillings

Tomato & Basil Sauce

Fruit Flapjack

Fresh Fruit Pot, Homemade Yoghurts, Cheese and Biscuits, Fruit Jelly

WEDNESDAY

Roast Chicken & Stuffing

to go with

Broccoli, Carrots, Roast **Potatoes** 

**Ouorn Fillet** 

to go with

Broccoli, Carrots, Roast **Potatoes** 

Jacket Potato -Combo

to go with

Broccoli, Carrots

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo

Sticky Toffee Pudding

to go with Custard

Fresh Fruit Pot, Homemade Yoghurts, Cheese and Biscuits, Fruit Jelly

THURSDAY

**Beef Chilli Tacos** 

to go with

Mixed Rice, Sweetcorn

**Veggie Taco Boat** 

to go with

Mixed Rice, Sweetcorn

Wrap - Combo

to go with

Mixed Rice, Sweetcorn

with choice of fillings Grated Cheese, Love Joes Crispy Chicken Wrap, Tuna Mayo

Packed Lunch - Box 1 with Cheese and Crackers. Yogurt and Fresh Fruit

to go with

Cheese Wrap, Tuna Mayo Wrap

Cocoa Brownie

to go with **Chocolate Sauce** 

Fresh Fruit Pot. Homemade Yoghurts, Cheese and Biscuits, Fruit Jelly

FRIDAY

Cod in Batter

to go with

Chips, Peas, BBQ Baked **Beans** 

Falafel & Spinach Burger

to go with

Baked Beans, Chips, Peas

Pasta - Combo

to go with

Broccoli, Carrots with choice of fillings

Tomato & Basil Sauce

Fruit Jelly & Ice Cream

Fresh Fruit Pot, Homemade Yoghurts, Cheese and Biscuits, Fruit Jelly

Please speak to a member of the Catering Team or view relishschoolfood.co.uk for Allergen Information