



Good Shepherd Newsletter

Friday 2nd February 2024

Children's Mental Health Week

Children's Mental Health Week will take place next week. The theme this year is 'My Voice Matters'.

My Voice Matters is about empowering children and young people by providing them with the tools they need to express themselves.

When we feel empowered, there's a positive impact on our wellbeing. Children who feel that their voices are heard and can make a difference have a greater sense of community and self-esteem.

There will be a mufti day on Monday and children should come to school wearing red, blue, green or yellow. This is to celebrate the fact that we use Zones of Regulation at Good Shepherd as a way of managing our emotions.

Children should either bring in £1 to school or parents can pay on ParentPay if they prefer. This money will go to the HCPT charity which takes children with additional needs to Lourdes each year.



Shoelaces

Please ensure that your child is able to do up their own laces if they have lace-up shoes or trainers. Trailing laces aren't very safe when running around.

Good Shepherd Choirs

Junior Choir

Children from Y5 and Y6 went to the O2 on Tuesday evening to perform in the Young Voices Choir with over 5000 children from other schools. It was an amazing experience for them.

Infant Choir

We welcomed children from Rowdown School to Good Shepherd this morning who came to rehearse the songs for the upcoming concert at the Fairfield Halls with our Y2 class.

Safer Internet

Next week the children will be learning about how they can make a difference when they are online and the affect they can have on others if they are unkind online.

Childnet have a wonderful resource section for parents and carers to support and protect children and young people of all ages. They have sections on digital wellbeing, parental controls, social media, online grooming plus many others. [Help & advice | Childnet](#)

Polka Theatre

Year 4 had a trip to the Polka Theatre on Wednesday to see Plot 17. This was a hip-hop, eco block party using spoken word, lyrics, visuals & DJ-ing. PLOT17 was an interactive performance encouraging children to save the environment by "making things green".

They were lucky enough to get free tickets for this performance and had a wonderful time.

Respect

Responsibility

Determination

Positivity

Teamwork

Headteacher and Kindness Awards

Well done to the following children who have worked hard, had great behaviour or have shown great kindness and thoughtfulness to others:

Headteacher Award:	Kindness Award:
R: Emeda, Tianah-Grace,	Peter
Y1: Deniece, Petra,	Owen, Tricia, Nyah-Rae
Y2: Ademide, Aria'h,	Sienna
Y3: Avaeyah, Chimdindu,	Azariah
Y4: Benjamin, Tiffany,	Daniel
Y5: Mohamad, Saviour,	Emike
Y6: Alimat, Isaiah,	Allan, Elmar, Oliver



Friends of Good Shepherd (FROGS)

Mother's Day Stall Donations needed



In support of our Mother's Day stall on **Wednesday 6th** and **Thursday 7th March**, we are kindly asking for parents to donate any unwanted ladies' items in good condition for our stall, we will also be collecting items for our Father's day Stall too. Please give them into the School Office.

Class Easter Raffle

Tickets will be on sale after half term for the class raffles. £1 a ticket or £2 for 5 tickets.

Easter Egg Competition

Next half term, there will be a competition for the best decorated egg also. Entry is 50p.

SEND parent Support

Croydon Mencap are offering an 8-week family support programme for parents/carers who have a child aged 18 months - 5 years with additional developmental needs. The programme provides support for the well-being of the parent/carer and their child's development and behaviour.

The programme will be run from the Mencap offices at Portland House, London Road, Thornton Heath. The first session starts on the 12th March and the last one is on the 21st May, there will be no sessions during the Easter holiday. The programme is from 9.30am to 12.15pm. See attached poster for information about information-sharing zooms.

Inset

Please remember that school breaks up for half term next Thursday. Friday is a training day for staff only.

Fr Con's Reflection

This school week ends on the Feast of CANDLEMAS. It is 40 days from Christmas Day, inclusive of Christmas Day.



This Feast is the Presentation of the Baby Jesus in the Temple.

It is the Feast of LIGHT- a celebration of Jesus Christ, Light of the world - a celebration of the Light of the Good News of the Gospel.

It is an assurance that this Light will always triumph over darkness.

If you need to contact the office, please email or telephone **01689 841 771**
office@goodshepherd.croydon.sch.uk

*Have a lovely weekend
Mrs Day*

Learning together as part of God's family