

Year Group	Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Me and My Relationships Feelings/Special People	Me and My Relationships Feelings/Getting help	Me and My Relationships Feelings; Getting help; Classroom rules	Me and My Relationships Bullying and teasing; Being a good friend; Feelings/self-regulation	Me and My Relationships Cooperation; Friendships	Me and My Relationships Recognising feelings; Bullying; Assertive skills	Me and My Relationships Feelings; Friendship skills including compromise; Assertive skills	Me and My Relationships Assertiveness; Cooperation; Safe/unsafe touches
Autumn 2	Valuing Difference Recognising similarities and differences/ Caring for others	Valuing Difference Recognising and respecting difference/ Being kind and caring	Valuing Difference Recognising, valuing and celebrating difference; Developing tolerance	Valuing Difference Being kind and helping others; Listening Skills	Valuing Difference Recognising and respecting diversity; Being respectful and tolerant	Valuing Difference Recognising and celebrating difference; Understanding and challenging stereotypes	Valuing Difference Recognising and celebrating difference; Pressure of social media	Valuing Difference Recognising and reflecting on prejudice-based bullying Understanding Bystander behaviour
Spring 1	RSE-Journey in Love SOW The wonder of being special and unique.	RSE-Journey in Love SOW The wonder of being special and unique.	RSE-Journey in Love SOW We meet God's love in our family.	RSE-Journey in Love SOW We meet God's love in the community.	RSE-Journey in Love SOW How we live in love.	RSE-Journey in Love SOW God loves us in our differences.	RSE-Journey in Love SOW God loves us in our changing and developing.	RSE-Journey in Love SOW The wonder of God's love in creating new life.
Spring 2	Rights and Respect Taking Care	Rights and Respect Taking Care/ Making Choices	Rights and Respect Looking after things	Rights and Respect Cooperation and self-regulation; Looking after money/environment	Rights and Respect Skills we need to develop as we grow up; Helping and being helped	Rights and Respect Making a difference; Media influence; Decisions about spending money	Rights and Responsibilities Rights and responsibilities including health; Decisions about lending, borrowing and spending	Rights and Responsibilities Media bias; Caring: communities and the environment; Earning and saving money
Summer 1	Keeping Myself Safe Asking for help/ Staying safe at home	Keeping Myself Safe Asking for help/ Keeping healthy/ Staying safe around medicines	Keeping Myself Safe How our feelings can keep us safe; Keeping healthy; Medicine safety	Keeping Myself Safe Safe and unsafe secrets; Appropriate touch; Medicine safety	Keeping Myself Safe Managing risk; Drugs and their risks; Staying safe online	Keeping Myself Safe Managing risk; Understanding the norms of drug use (cigarette and alcohol use); Influences	Keeping Myself Safe Managing risk, including staying safe online; Norms around use of legal drugs (tobacco, alcohol)	Keeping Myself Safe Emotional needs; Staying safe online; Drugs: norms and risks (including the law)
Summer 2	Being My Best Making healthy choices/ Being persistent	Being My Best Making healthy choices/ Being persistent	Being My Best Growth Mindset; Keeping healthy	Being My Best Looking after my body; Growth Mindset	Being My Best Keeping myself healthy; Celebrating and developing my skills	Being My Best Choices and decisions about health; Taking care of my environment	Being My Best Growing independence and taking responsibility; Media awareness and safety	Being My Best Aspirations and goal setting; Managing risk